



PEACE CORPS PREP STUDENT GUIDE

The Peace Corps Prep program prepares you for meaningful international service, which might include serving in the US Peace Corps. You will build four core competencies through interrelated coursework, hands-on experience, and professional development activities. These four competencies are the following:

1. Training and experience in one sector
2. Language skills
3. Intercultural competence
4. Professional and leadership development

This guide explains each of these requirements in detail. This guide will be useful as you complete your PC Prep application, where you'll need to document how you plan to fulfill each requirement. **This guide aligns point-by-point with each section of the application!**

1. Training *and* experience in a specific work sector

3 courses + 50 hours related experience

Leveraging concrete knowledge and skills is central to on-the-ground international development work. Through this PC Prep program, you will begin to build a professional specialty, which should serve your career well whether or not you become a Peace Corps Volunteer.

For PC Prep, you need to complete at least **3 courses** that align with a specific work sector (they can but do not need to come from your academic major or minor). You also must accumulate a **minimum of 50 hours of volunteer or paid work experience in that same sector**, preferably in a teaching or outreach capacity.

**Peace
Corps
Tip!**

If you intend to apply to the Peace Corps, the best way to assure that you will be a strong candidate is to explore Peace Corps' openings and identify the [type of assignments](#) in which you'd like to serve (www.peacecorps.gov/volunteer/volunteer-openings), then review the positions' required and desired qualifications and build them up accordingly. In the process, you should fulfill these PC Prep experiential requirements!

There are [six sectors](#) (www.peacecorps.gov/volunteer/what-volunteers-do/) in which Peace Corps Volunteers serve—detailed below. **Choose one sector to focus on**, then complete at least 3 courses and 50 hours of related experience in that sector.

Note: Actual Peace Corps assignments are based on local needs, and thus may or may not align seamlessly with your qualifications. Flexibility is central to the Peace Corps experience!

1. EDUCATION



Teach lessons that last a lifetime. Education is the Peace Corp's largest program area.

Volunteers play an important role in creating links among schools, parents, and communities by working in elementary, secondary, and postsecondary schools as math, science, conversational English, and resource teachers or as early-grade reading and literacy teacher trainers.

Volunteers also develop libraries and technology resource centers.

If you choose Education, take 3 courses from one of the following areas:

- Education (EDUC)
- English (ENG)
- Psychology (PSYC)
- International Development (ID)
- History (HIST)
- Theater Arts (TA)
- Math (MATH)
- Computer Science (CSCI)
- Any Physical or Biological Science

Recommended courses:

- EDUC 005: Our Future, Our Learning
- PSYC 130: Psychology of Learning
- ID 214: Education and Youth in Global Context

And build 50 hours of related field experience through an activity such as:

- Teaching in one of these or a similar form: in a classroom, with a community outreach organization, or in a formal tutoring capacity
- The subject of the teaching may be English as a Second Language, special education, drama, or a STEM subject
- Teaching at the African Community Education or Worcester Education Collaborative
- Volunteering as an after-school tutor at the Worcester Boys & Girls Club or YMCA

2. HEALTH



Serve on the front lines of global health. Health Volunteers work within their communities to promote important topics such as nutrition, maternal and child health, basic hygiene, and water sanitation. Volunteers also work in HIV/AIDS education and prevention programs to train youth as peer educators, develop appropriate education strategies, provide support to children orphaned by the pandemic, and create programs that provide emotional and financial support to families and communities affected by the disease.

If you choose Health, take 3 courses from one of the following areas:

- Biology (BIOL)
- Biochemistry and Molecular Biology (BCMB)
- Environmental Science (EN)
- International Development (ID)
- Psychology (PSYC)
- Sociology (SOC)
- Philosophy (PHIL)

Recommended courses:

- BIOL 050: Human Growth and Development
- ID 108: What is Public Health?
- ID 121: Culture, Health & Development
- PSYC 138: Health Psychology

And build 50 hours of related field experience through an activity such as:

- Volunteer or work experience in such areas as HIV/AIDS outreach, hospice, family planning counseling, emergency medical technician (EMT) or CPR teaching/certification, maternal health, and hands-on caregiving in a hospital, clinic, or lab technician setting

- Counseling or teaching in health subjects
- Working as a resident advisor in a dormitory, as a peer nutritionist, or as a sexually transmitted infections counselor
- Join the Clark University Rapid Response Team
- Conduct an internship at the City of Worcester Division of Public Health
- Volunteer for the Family Health Center of Worcester

3. ENVIRONMENT



Help forge a global movement to protect our planet. Volunteers lead grassroots efforts in their communities to protect the environment and strengthen understanding of environmental issues. They teach environmental awareness in elementary and secondary schools and to youth groups and community organizations, empowering communities to make their own decisions about how to protect and conserve the local environment. Volunteers also address environmental degradation by promoting sustainable use of natural resources.

If you choose Environment, take 3 courses from one of the following areas:

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| • Biology (BIOL) | • Economics (ECON) |
| • Environmental Science (EN) | • Peace and Conflict Studies (PECO) |
| • International Development (ID) | • Philosophy (PHIL) |
| • Geography (GEOG) | • Physics (PHYS) |

Recommended courses:

- BIOL 084: Biodiversity
- EN 101: Environmental Science & Policy Introductory Case Studies
- GEOG 017: Environment and Society

*And build 50 hours of **related** field experience through an activity such as:*

- Educating the public on environmental or conservation issues, or working on environmental campaigns
- Conducting biological surveys of plants or animals
- Gardening, farming, nursery management, organic or low-input vegetable production, or landscaping
- Providing technical assistance and training in natural resource management
- Contributing to ongoing faculty research in Clark's Hadwen Arboretum
- Volunteering for Mass Audubon at Broad Meadow Brook Sanctuary or Wachusett Meadows
- Working at National Grid's Sustainability Hub, Tower Hill Botanical Gardens, or the Ecotarium

4. AGRICULTURE



Lead grassroots efforts to fight hunger in a changing world. Agricultural Volunteers work with small-scale farmers and families to increase food security and production and adapt to climate change while promoting environmental conservation practices. They introduce farmers to techniques that prevent soil erosion, reduce the use of harmful pesticides, and replenish the soil. They work alongside farmers on integrated projects that often combine vegetable gardening, livestock management, agroforestry, and nutrition education.

If you choose Agriculture, take 3 courses from one of the following areas:

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|----------------------------------|--------------------|
| • Environmental Science (EN) | • Biology (BIOL) |
| • Geography (GEOG) | • Chemistry (CHEM) |
| • International Development (ID) | • Economics (ECON) |

Recommended courses:

- CHEM 030: Kitchen Chemistry
- EN 105: Understanding the Water-Food-Energy Nexus
- GEOG 102: Weather and Climate

And build 50 hours of **related** field experience through an activity such as:

- Working with a large-scale or family-run business involving vegetable gardening, farming, nursery work, tree planting or care, urban forestry, landscaping, livestock care and management, or fish cultivation and production
- Teaching or tutoring the public in environmental or agricultural issues/activities
- Working on the business management or marketing side of a commercial farm
- Volunteer or work at Many Hands Organic Farm or Global Village Farms
- Conduct an urban agriculture internship with the Regional Environmental Council

5. YOUTH IN DEVELOPMENT



Empower the next generation of changemakers. Volunteers work with youth in communities on projects that promote engagement and active citizenship, including gender awareness, employability, health and HIV/AIDS education, environmental awareness, sporting programs, and info technology.

If you choose Youth in Development, take three courses from one of the following areas:

- Education (EDUC)
- International Development (ID)
- Psychology (PSYC)
- Sociology (SOC)

Recommended courses:

- EDUC 153: Participatory (Action) Research with Youth
- ID 203: Youth Work: Practice and Social Justice
- PSYC 152: Adolescent Development

And build 50 hours of **related** field experience through an activity such as:

- Teaching or counseling in at-risk youth programs
- Activities that involve planning, organizing, assessing community needs, counseling, and leadership, in areas such as education, youth development, health and HIV/AIDS, the environment, and/or business
- Volunteer to work with youth at Main Idea or the Boys & Girls Club
- Serve as a counselor for after-school programs at Worcester Refugee Assistance Project

6. COMMUNITY ECONOMIC DEVELOPMENT



Harness 21st-century tools to help communities lift themselves. Volunteers work with development banks, nongovernmental organizations, and municipalities to strengthen infrastructure and encourage economic opportunities in communities. They frequently teach in classroom settings and work with entrepreneurs and business owners to develop and market their products. Some Volunteers also teach basic computer skills and help communities take advantage of technologies such as e-commerce, distance learning, and more.

If you choose Community Economic Development, take three courses from one of the following areas:

- Accounting (ACCT)
- Business Law (BLAW)
- Computer Science (CSCI)
- Economics (ECON)
- Entrepreneurship (ENT)
- Geography (GEOG)
- Management (MGMT)
- Marketing (MKT)

Recommended courses:

- ACCT 101: Principles of Accounting
- ECON 128: Introduction to Economic Development
- ENT 110: Entrepreneurship and Social Responsibility

*And build 50 hours of **related** field experience through an activity such as:*

- Working with businesses, organizations, or cooperatives in accounting, finance, microfinance, management, project management, budgeting, or marketing
- Starting and running your own business or other entrepreneurial activity
- Training others in computer literacy, maintenance, and repair
- Website design or online marketing
- Founding or leading a community- or school-based organization
- Participate in Worcester Roots' Worker Co-op Academy
- Compete in Clark Tank

**Peace
Corps
Tip!**

Nearly two-thirds of Peace Corps Volunteers serve in Education or Health. Coursework and meaningful experience in one of these areas—especially teaching English as a second language—produce some of the strongest candidates.

2. Language skills

Requirements vary by region of interest

Most students must hone their capacity to interact professionally using a non-English language. Minimum course requirements vary by desired placement region.

- ❑ *Latin America:* Students indicating an intention to serve in Spanish-speaking countries must build strong intermediate proficiency, having completed two intermediate-level courses or learned Spanish through another medium.

- ❑ West Africa: Students indicating an intention to serve in French-speaking African countries must build proficiency in French or another Romance language, having completed one intermediate-level course or learned the language through another medium.
- ❑ Everywhere else: Students indicating an intention to serve anywhere else do not have explicit language requirements to complete the Program, but they should still be encouraged to study a language other than English.

Note: If you are a strong native speaker and hope to serve in a country that speaks the same language, you can skip this requirement!

3. Intercultural competence

3 approved courses or 1-2 courses + substantive intercultural experience

Engaging thoughtfully and fluidly across cultures begins with one's own self-awareness. With this learning objective, you will deepen your cultural agility through **a mix of three introspective courses** in which you learn about others while reflecting upon your own self in relation to others. The goal is for you to build your capacity to shift perspective and behavior around relevant cultural differences. Some example courses:

You'll take at least 1 of these core introspective diversity and inclusion courses:

- CMLT 130: The National Imagination
- ID 125: International Development and its Alternatives: Theory, Practice, Action
- PSCI 104: Politics of Ethnicity and Identity
- SOC 160: Global Cultures and Identities

And choose 2 additional electives from the above list or these below:

- CRES 230: Difficult Dialogues on Race and Racism
- GEOG 248: Social Justice and the City
- HIST 273: From Black Power to BLM
- PSYC 279: Ethnicity, Race, Culture, and Child Development

Is there another course in the catalog that you feel meets this requirement? Please discuss other elective courses with your PC Prep Coordinator.

- **Studying or volunteering abroad** may count *if* in a country that has hosted Peace Corps Volunteers (see the list of current and past countries [here](#)).
 - Studying/volunteering abroad in these countries from one week to a summer may substitute for one course.
 - Experiences that last a full semester may substitute for both electives.
- **Other immersive and reflective intercultural experiences**, such as helping new immigrants/refugees acculturate to the U.S. or volunteering in diverse schools, may also count. Each distinct intercultural experience lasting at least 40 hours may substitute for one elective.

Peace Corps Tip!

Prolonged intercultural experiences completed concurrently with your undergraduate studies—such as studying or volunteering abroad, supporting new immigrants or refugees acculturate to the United States, or volunteering in diverse schools—would also strengthen your Peace Corps candidacy significantly.

4. Professional and leadership development

Resume and interview support + leadership experience

Peace Corps service and similar international development work opportunities are highly professional and selective. PC Prep requires **three specific activities** that will strengthen your candidacy for the Peace Corps (or any other professional endeavor):

1. Have your **resume** critiqued by someone at the **Career Connections Center**.
2. Attend a workshop or class on **interview skills** at the **Career Connections Center**.
3. Develop at least one significant **leadership experience** and be prepared to discuss it thoughtfully. For example, organizing a campus event, leading a work or volunteer project, or serving on the executive board of a student organization.